

Notation Docket  
NO

98P-0151 /CPI and

any other things in this  
booklet that you can  
help the animals with.

I Love Animals. I am all  
Now & Very Ill, hoping this  
short letter will do some  
good for these "Cow Calfs"

1528 '00 DEC 21 A9:54

& all of the animals that  
need human concern  
Compassion. Thank you  
Mrs Georgine Brin

98P-0151

C3236



# FARM Sanctuary

FALL 2000

**A Freedom  
Fighter for  
Farm Animals  
is Born**

# FARM SANCTUARY

is a national, nonprofit organization dedicated to rescuing and protecting farm animals. With the support of over 75,000 committed members, we are leading the campaign to end abusive animal agricultural practices by...

- prosecuting farm animal abusers with precedent-setting investigative campaigns and legal actions;
- passing landmark laws to outlaw cruel animal agricultural practices at stockyards and slaughterhouses;
- exposing the meat, egg, and dairy industries through national news and public awareness campaigns;
- operating coast to coast shelters to provide lifelong care for over 1,000 rescued cows, pigs, turkeys and other farm animals.

Farm Sanctuary depends on its members to continue effective campaigns and programs for victims of "food animal" production. For more information, please contact:

## Farm Sanctuary - East

P.O. Box 150 Watkins Glen, NY 14891

Phone: 607-583-2225 Fax: 607-583-2041

## Farm Sanctuary - West

P.O. Box 1065 Orland, CA 95963

Phone: 530-865-4617 Fax: 530-865-4622

## Sanctuary Web Site:

<http://www.farmsanctuary.org>

*Farm Sanctuary News, Fall 2000:*

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Cover Photo: Queenie at Farm Sanctuary

## Dear Farm Sanctuary Member,

The polls are in...and the American public is on our side.

Farm Sanctuary helped commission two public opinion surveys. The first was on the public's attitude towards the use of confinement crates for "veal" calves. The second was to determine whether there was sufficient public support for a ballot initiative to ban the use of confinement gestation stalls for pregnant pigs.

The results were overwhelmingly pro-animal. In the veal confinement survey, over 50% of those surveyed said they were turned off from eating veal after learning how the calves were raised. In the pig confinement survey, over 70% of those surveyed said they would support efforts to ban the use of confinement crates for pregnant pigs.

Putting animals first, before agribusiness profits, is a goal the American public believes in, and is willing to support.

But people can't be against cruel factory farming practices, if they aren't aware of factory farming. Most Americans still do not know how meat, milk, and eggs are produced. So, it's up to each one of us to do what we can everyday to educate people and gain their support.

This issue of *Sanctuary News* has several nationwide public awareness campaigns for YOU to be a part of.



Gene, Chris, & Lorri

Whether you choose to gather signatures for a ballot initiative...or organize a "No Veal" restaurant leafletting...or simply order literature to pass to friends and family...each and every action you take will open people's hearts and minds to the plight of farm animals.

Thanks for being a Farm Sanctuary member...AND for being an active farm animal advocate.

Yours for Farm Animals,

Lorri & Gene Bauston  
Farm Sanctuary Founders



**BECAUSE YOU CARE DEEPLY ABOUT FARM ANIMALS**, we hope you will consider including Farm Sanctuary in your estate planning. A bequest can be one of the most significant ways you can help animals, and is a lasting tribute to a lifetime of love and commitment to needy animals.

By making a bequest to Farm Sanctuary, you will help animals for years to come, and all of us at Farm Sanctuary would like to thank you. Individuals who make a bequest are also eligible for enrollment in our **Friends of Hilda Club**, which includes a lasting memorial plaque with your name inscribed on our Friends of Hilda Club Donor Recognition Memorial. For further information, you are welcome to call our Special Gifts Department at 607-583-2225, ext. 281. Thank you.

## YOUR LEGACY OF COMPASSION

Member \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone (include area code) \_\_\_\_\_

Best time to call: ☐ AM ☐ PM

☐ Please send me information on the Friends of Hilda Club and making bequests to Farm Sanctuary.

☐ I have included Farm Sanctuary in my will.

Clip and mail to: **FARM SANCTUARY**  
P.O. Box 150  
Watkins Glen, NY 14891

Thank you!



# 1st Ballot Initiative to Ban Factory Farming!

**T**he first ever ballot initiative to ban cruel, factory-farming practices in the United States has been launched in Florida.

This precedent-setting initiative—which is expected to appear on the November 2002 ballot—will outlaw the use of “gestation crates” for pregnant pigs. To produce pork, producers pack thousands of female breeding pigs into factory-like warehouses, lined with rows of “gestation crates.” The pigs spend most of their lives pregnant and confined individually in these barren metal enclosures which are just two feet wide. Their movement is so severely restricted, that they cannot even turn around. The animals suffer joint and respiratory diseases and display signs of stress and boredom, such as head waving and repetitive biting of the metal bars. This animal agricultural practice is considered so cruel and inhumane, that it has been banned in other countries.

A coalition of animal protection groups, including the Animal Rights Foundation of Florida, the Humane Society of the United States, and Farm Sanctuary, are coordinating the campaign with the active support of hundreds of Florida animal activists, local organizations...AND FLORIDA CITIZENS.

A public survey poll commissioned by the sponsoring organizations found

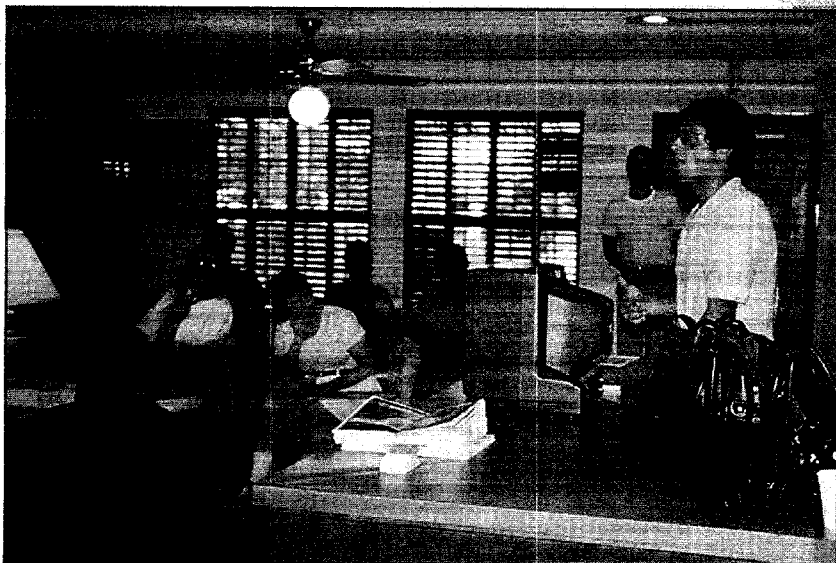


extensive support for the initiative among the general population. Florida citizens thought the crate system is not a good way to raise animals for food and that the practice was inhumane. Over 70% of those surveyed said they would support efforts to ban the use of confinement crates for pregnant pigs.

Farm Sanctuary Campaign Director Gene Bauston and HSUS Senior Vice President Wayne Pacelle have attended organizing meetings in several cities throughout the state to begin the signature gathering effort—the coalition will need to gather 700,000 signatures to put the

proposal on the ballot. At every stop on the statewide tour, animal advocates have enthusiastically supported the ballot initiative campaign—and signed up to do their part to help ban the cruel “gesta-tion crate.”

Gene Bauston addresses activists at Florida organizing meeting. Photo credit: Laura Strickland



## What YOU Can DO

The upcoming elections are a key opportunity to gather signatures—our goal is to have 1,000 activists at the polls on November 7th at locations throughout Florida.

If you can help, please call us immediately at 607-583-2225 ext. 221 or email us at [office@farmsanctuary.org](mailto:office@farmsanctuary.org). In Florida, contact:

Floridians for Humane Farms  
P.O. Box 8487  
Coral Springs, FL 33075  
phone: 954-917-7654

The ballot initiative campaign will require a substantial funding commitment from sponsoring organizations. To do its part, Farm Sanctuary needs our members to do their part. Donations are greatly appreciated for the campaign—please send to:

Farm Sanctuary  
P.O. Box 150  
Watkins Glen, NY 14891

...with a note specifying that your contribution is for the “Florida Ballot Initiative Campaign.”

**Thank You.**

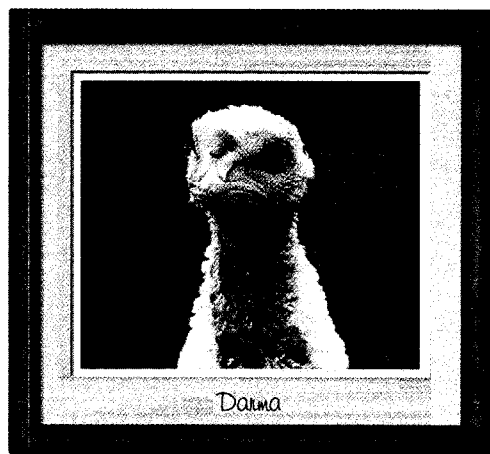






Pumpkin

**PUMPKIN** has a sweet tooth and wants to eat pumpkin pie every day of the year.



Darma

**DARMA** knows it's "good karma" to be kind to ALL animals.



River

**RIVER** says "Go with the flow" by going vegetarian!



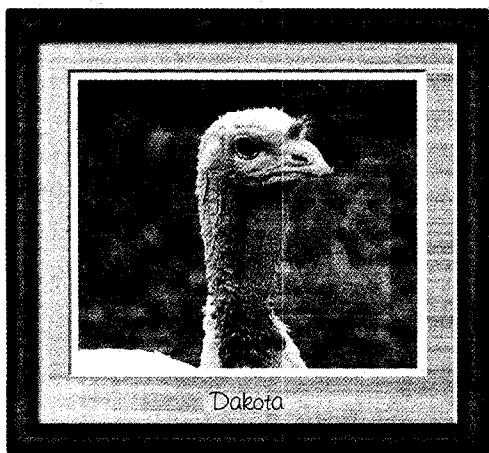
Yoko

**YOKO** is reminding people that "Peace begins at breakfast."



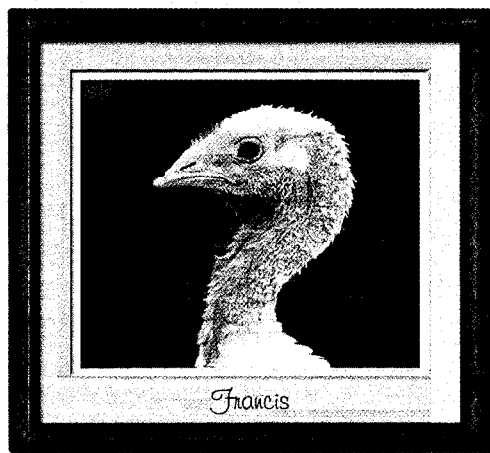
Cloud

**CLOUD** knows humans think they "need" to eat meat, so she helps clear their confused minds.



Dakota

**DAKOTA** is teaching people that the noble turkey is the only Native American farm animal.



Francis

**FRANCIS** is showing people that it is morally wrong to harm turkeys.



Mulder

**MULDER** is going to expose the hidden horrors of the meat industry.

# November is Adopt-a-Turkey Month!

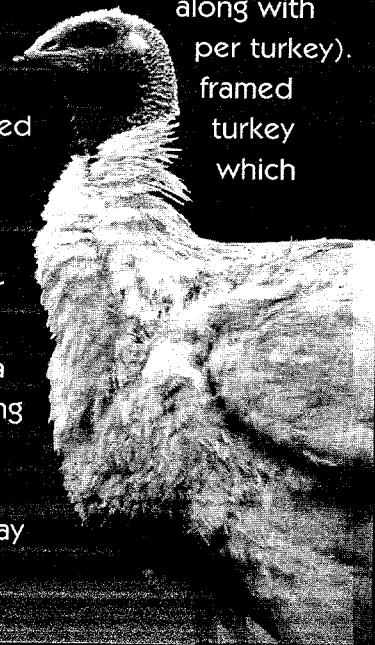
This Thanksgiving, turkey lovers everywhere can encourage people to feed a turkey—rather than eat a turkey—by joining our **Adopt-a-Turkey Project!**

Turkey adopters help provide lifelong, loving care for a rescued turkey who resides at a Farm Sanctuary shelter—and your adopted feathered friend teaches people that turkeys have feelings too!

Our annual **Adopt-a-Turkey Project** saves lives and encourages millions of people to have a vegetarian Thanksgiving. Every year, our turkey friends are "interviewed" by leading newspapers, and national radio & television news programs. Hundreds of **Adopt-a-Turkey** news stories have opened people's hearts and minds to the plight of turkeys and other "food animals."

Please take a moment now, and look over this year's **Turkey Adoption List**. After you've picked out your "special someone," send us your completed **Turkey Sponsorship Form**, your adoption fee (\$15 along with a beautiful, framed photograph of your adopted turkey which and an adoption card—you can proudly display at home or work to provide "food for thought" for your friends and family!

This holiday season, be a part of the new Thanksgiving tradition by adopting a turkey...and make this Thanksgiving a happy holiday for ALL.



## A Special Holiday Gift

Adopt a turkey for your friends and family!

A turkey adoption is the perfect gift for the holidays and a great way to educate your loved ones.

Just send us their names and addresses along with your adoption fee(s).

Your gift recipients will each receive a photo of their turkey, adoption card, one-year Farm Sanctuary membership with quarterly newsletters, and holiday greeting card from you.

(Please allow 3 weeks for delivery.)

Thank you!

### TURKEY SPONSORSHIP FORM

I want to save a turkey and make the holidays a happy season for ALL by adopting a turkey!

Enclosed is my adoption fee contribution of: (\$15 per turkey)

☐ \$15 ☐ \$30 ☐ \$45 ☐ \$60 ☐ \$75 ☐ \$90 Other \$ \_\_\_\_\_

please print name(s) of turkey(s)

Enclosed is my additional donation of \$ \_\_\_\_\_ to buy a holiday treat for the shelter turkeys and other animals.

Adopter \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

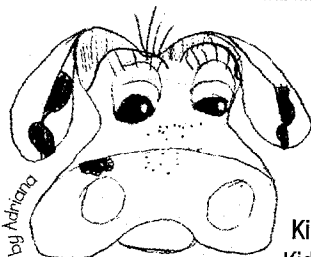
ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please send completed form to: Farm Sanctuary, P.O. Box 150, Watkins Glen, NY 14891.

Please allow 3 weeks for delivery of adoption materials. Thank you for your support.



# CULTIVATING COMPASSION

Caring Kids Club forms in New York City



Kids in New York City—and there are lots of them—now have the chance to help Farm Sanctuary save farm animals! Kids throughout the New York City metropolitan area are participating in our new humane education program, **Cultivating Compassion**, and finding out lots of ways that they can make a difference for the animals. Here's just a few of the things caring kids are doing...

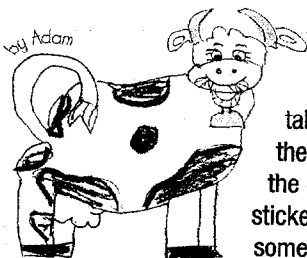
☀ In November, a donation of delicious Unturkey Salad from Sunneen Health Foods helped Farm Sanctuary donate vegan treats to 60 kids at the East Harlem Children's Center. Our singing, dancing Tiny Turkey (activist Lou Gedo, in disguise) encouraged them to think of turkeys as friends, not food, while humane educator Carol Moon's talk gave them a few reasons why.

☀ Washington Heights students were also challenged to rethink their Thanksgiving choices and to consider how they can be more compassionate to animals year round. Even their non-veggie teachers supported our efforts to inform kids about how animals are treated and encourage them to make humane choices.

☀ Kids can make pretty smart choices if they have the right information. That's why we made sure to present the other side of the "Got Milk?" issue when the Long Island Children's Museum decided to celebrate National Dairy Month.

Since the museum declined to let us distribute information inside, we set up a table on the busy sidewalk in front and talked to every parent and child who attended the event. The small children loved the coloring books and cow stickers, and their parents got some eye-opening information about kids and cows' milk. Hundreds

of people heard the message that "milk is a natural"...for baby cows!



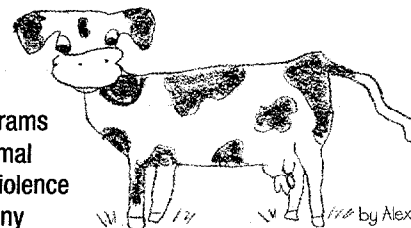
"Our class is interested in adopting a cow...  
We want to stop cruelty to animals."

Esmeralda, 6th grade

☀ Diana Silva of Newark, NJ adopted one of Farm Sanctuary's resident cows, Alby, for her 6th grade class. Their fascination with him led to a visit from Carol Moon and a chance for their class and two others to experience how a baby calf feels in a veal crate through our classroom simulation. By watching a video on veal and exploring some of the facts of veal production, they got excited enough to take action. Fifty-five sixth grade students signed a giant postcard to Secretary of Agriculture Arthur R. Brown of New Jersey asking him to "Please protect animals from cruelty. Pass a law to allow farm animals room to behave naturally."



As a new school year begins, Farm Sanctuary is looking forward to going "back to school" to reach and teach more caring kids, and we invite parents and teachers to join us. Our **Cultivating Compassion** program offers fourteen different presentations aimed at kids from 3rd grade to college. Their teachers may request programs which deal with pigs, calves, animal stereotypes, the human/animal violence connection, food choices and many other subjects. Students will also be able



"I think it's important that  
we help save animals."

Alex, 6th grade

to form Farm Sanctuary **Caring Kids Clubs** to work on projects to help animals. Teachers interested in receiving a brochure and further information should contact our Humane Educator Carol Moon at: Farm Sanctuary, P.O. Box 845, New York, NY 10040 phone: 212-567-4556, email: Kids@farmsanctuary.org



## CARING KIDS IN ACTION!

Dozens of caring kids posed in veal crates so that their photographs—along with **No Veal** messages—could be sent to Congress to urge representatives to pass federal legislation banning cruel veal crates.



# Quest for

SHE MADE A DARING DASH FROM A NEW YORK CITY SLAUGHTERHOUSE IN QUEENS...AND WON THE HEARTS OF THOUSANDS OF PEOPLE WHO JOINED HER QUEST FOR FREEDOM.

We're talking, of course, about "Queenie," a young cow who was slated for slaughter at Astoria Live Poultry, a meat market that keeps live animals and allows customers to choose the animals they want butchered. After hearing the screams of other animals, Queenie made her own choice—a choice any animal would make in the same situation if given a chance. After escaping from the slaughterhouse, Queenie ran several blocks through the streets of New York City, surprising motorists and passers-by. Though she avoided capture at first, the five-hundred-pound cow was finally caught after a wild chase with NYPD cars, local authorities, and a tranquilizer gun.

Queenie's freedom dash was quickly picked up by the media—and her story spread throughout the country. Queenie's courageous escape was featured on national television, and millions of viewers saw a frightened cow running from the slaughterhouse, clearly aware of the fate that had awaited her. Hundreds of calls poured into The Center for Animal Care



Shelter caregiver Denise says hello to Queenie at the airport.

and Control and Astoria Live Poultry, urging both the agency and the slaughterhouse owner to release the animal to a sanctuary where she could live out the remainder of her life.

Alerted to the cow's plight by Farm Sanctuary members, we immediately contacted the animal control agency and offered to provide Queenie a safe, loving, permanent home. For several hours, it was unclear if the agency would obtain custody of the cow, but public sentiment and pressure paid off—and the slaughterhouse owner agreed to give the cow to the city. In statements to newspapers, Aladdin El-sayed, owner of Astoria Live Poultry, which is a halal slaughterhouse stated, "God was willing to give it a new life, so why wouldn't I?" (*Newsday*). El-sayed also stated he had paid \$500 for the cow, and had been fined \$1,000 for causing an "animal nuisance."

The Health Department may fine him an additional \$2,000. El-sayed claimed he "lost a lot of money," but that it didn't matter because, in his own words, "There is something with this cow." (*Daily News*)

After receiving the word on Friday afternoon that Queenie would be given to Farm Sanctuary, our animal transport vehicle was rolling to New York City by Friday night. We picked up Queenie from the JFK Airport

# Freedom

where she was being held, and drove her directly to our New York shelter. Queenie jumped off the trailer amid cheers from the sanctuary staff...and loud "welcome" moo's from the shelter cows.

## That's Some Cow

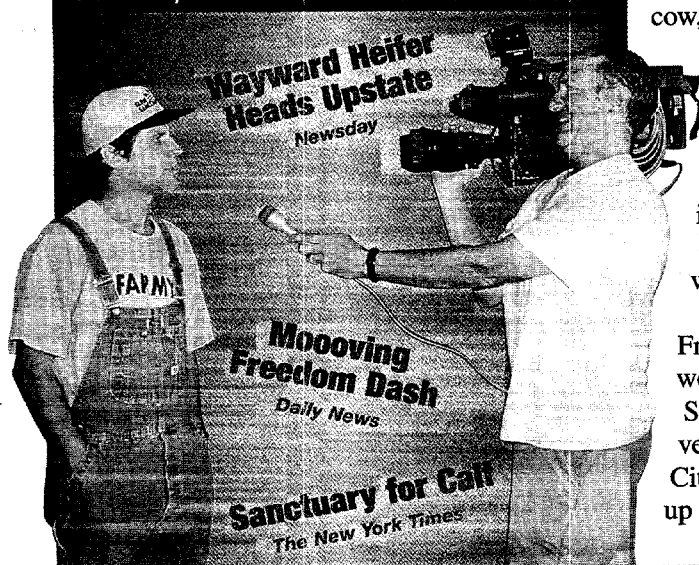
Queenie has put a face on vegetarianism. With news stories on the major television networks, *Associated Press*, and articles in *The New York Times*, *New York Daily News*, and dozens of other newspapers, millions of people have learned that farm animals have feelings too.

Queenie's quest has also launched a neighborhood effort to close the slaughterhouse. Like Queenie seizing her



After gentle coaxing, Queenie is on the trailer and headed to sanctuary.

Director Gene Bauston tells reporter about Queenie's heroic escape to freedom.



moment for freedom, residents have seized the news attention to draw attention to their demand to close the meat market. Among their concerns reported in the *New York Post*, residents stated, "This is a market that we don't believe is treating anything humanely, and we want to see it closed for that reason alone.... Through the night, you can hear the screaming of the animals. I don't know what they are doing to them."

Queenie knew...and now the rest of the world knows too.

Photo credits for this page: Joyce Friedman

*FARM SANCTUARY went to stockyards in Vermont to gather evidence for passage of state and federal downed animal protection legislation. Our investigation resulted in videotape documentation, photographs...and a new beginning.*

## STOCKYARD REPORT

VERMONT STOCKYARD INVESTIGATION - 3/27/00

### Cows Observed:

One downed cow in a pen with about eight other cows. She was laying down, moaning. A cow stepped on her neck. I videotaped her.

At the veal auction, a stockyard worker told another stockyard worker that two cows wouldn't come out of the trailer. He told him to take a break and get the electric prod. One cow's head, neck and leg were falling out of the trailer onto the loading dock. Couldn't see the other cow. About 20 minutes later, the stockyard worker came out and placed a chain around the leg of the cow that was falling out of the trailer. A stockyard worker pulled the truck forward. The cow was then on the loading dock. A stockyard worker drove the skidsteer to where she was and put her back end in the bucket and pushed her forward. She was barely able to stand and lost her footing a couple of times. Her knees were bloody from falling down. One stockyard worker electric prodded her and another used a cane. The first stockyard worker said she was just lazy because she wouldn't stand and called her dumb when she didn't want to go into the pen.

I asked what they did with downers. The stockyard worker said they wait until the next day to take them to the slaughterhouse. They use the skidsteer to load them. I asked how come...he said because there is still good meat on them.

### Calves Observed:

There were three calves that got dragged into the ring by their legs. Two calves got up in the ring, one was bought...not sure about the other. An auction worker said to mark the third calf as dead and he tossed him through a small door onto the loading dock.

I went outside to see the calf, and a stockyard worker jokingly asked if I wanted him. I said "yes." He said, "Why? He's almost dead and won't make it." I got the calf.

## STOCKYARD RESCUE

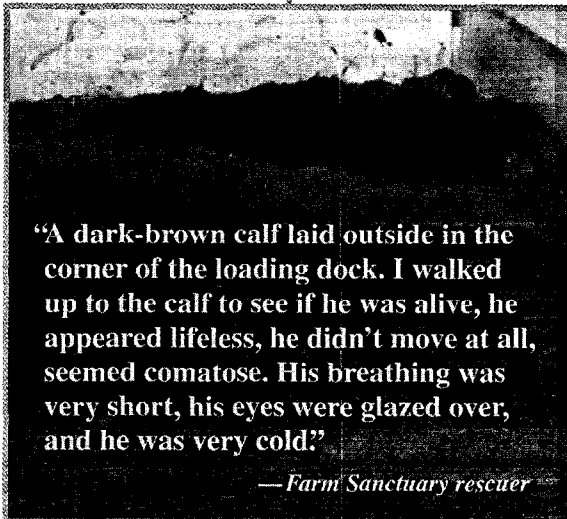
The dying calf arrived at our New York shelter bundled in blankets. He was too weak to even lift his head, and his temperature was too low to register on a thermometer. Our veterinarian administered emergency fluids, and a 24-hour watch began to keep the calf alive. Twelve hours after receiving fluids, he began suckling on a bottle, and soon he was standing. Our new "miracle calf" was named Lazarus.

It soon became clear that Lazarus was an animal who found joy in every moment. He loved to "dance" through the fields by running and playfully kicking up his legs. At feeding times, Lazarus loved his bottle so much, he would run circles around shelter caregivers with all the excitement of a

four-year-old boy at a candy counter. Lazarus also loved to "play" with shelter cleaners by knocking over our mucking barrels...and occasionally, knocking over a shelter volunteer! Though he was a big, and growing boy, Lazarus always remained a kid at heart...and he won the heart of everyone who met him.

After months of shelter care, Lazarus was old enough to be placed into a loving, vegetarian adoptive home. Though we were sad to see him go, we knew his adoption meant we could now open our shelter doors to one more suffering calf who desperately needs our help.

And it's back to the stockyards we go.

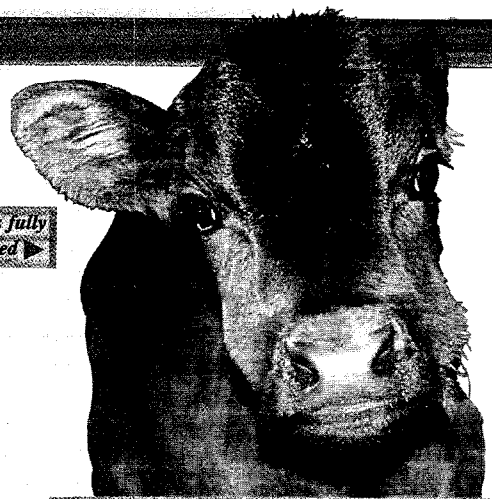


"A dark-brown calf laid outside in the corner of the loading dock. I walked up to the calf to see if he was alive, he appeared lifeless, he didn't move at all, seemed comatose. His breathing was very short, his eyes were glazed over, and he was very cold."

—Farm Sanctuary rescuer



Rehab at shelter



Lazarus fully recovered

## What YOU Can Do

Put up our **No Downers** educational poster in your workplace, or contact your local library for information on putting up an informational display.

Downed animal and "downer" are livestock industry terms used to describe farm animals who are too sick, weak, or injured to be sold. These animals are routinely marketed and slaughtered for human food. They suffer horribly in transit and at stockyards and slaughterhouses throughout the United States.

Unable to get to food or water to begin with, downed animals endure hours or days without receiving their basic needs. They are commonly denied necessary veterinary care, and many die of neglect.

It is practically impossible to move downed animals humanely. They are routinely dragged with chains or pulleys.

With tractors and forklifts — procedures which cause injuries ranging from fractures and abrasions to broken backs and torn ligaments. Existing laws do not adequately protect farm animals from egregious cruelty or neglect. Downed animals have literally been discarded in trash bins or on piles of dead animals, and shockingly, this has been considered legal.

**Help Stop Downed Animal Suffering**

Downed animals are routinely marketed and slaughtered for human food. They suffer horribly in transit and at stockyards and slaughterhouses throughout the United States.

It is practically impossible to move downed animals humanely. They are routinely dragged with chains or pulleys.

**www.nodowners.org**

Pass out our **No Downers** flyer to friends and family or show our video, *The Down Side of Livestock Marketing* (see p. 12 to order video).

### No Downers Campaign Packet

5 posters (above)  
500 flyers (at right)

\$10.00 includes S&H — send check or money order to: Farm Sanctuary, P.O. Box 150, Watkins Glen, NY 14891 (please specify for **No Downers** Campaign Packet)

Write to your congressional representatives and urge them to support federal downed animal protection legislation.



# USDA Says "No Downers" in School Lunch Program

This summer, the USDA's Agricultural Marketing Service (AMS) reviewed and revised its policy regarding the purchase of ground beef for the National School Lunch Program (beginning in School Year 2000–2001) and other federal food and nutrition programs, and it has taken a major step in the direction of ending the downed animal trade. According to an agency statement, "USDA will no longer accept ground beef that includes product from non-ambulatory cattle, commonly known as 'downers'."



Carcasses originating from cattle which must be processed in accordance with *FSIS Directive 6900.1R1 – Humane Handling of Disabled Livestock*, issued November 2, 1998, must be segregated to assure that the product from these carcasses is not included in the USDA purchased ground beef."

This development shows a growing consensus—even among industry and government officials—that the marketing and slaughter of downed animals causes intolerable animal suffering and poses an unnecessary risk to human health.

## Letters to FDA Urgently Needed!

Letters are urgently needed to end the downed animal trade. Please write to the Food and Drug Administration's Dockets Management Branch to urge that they grant our petition to prohibit the slaughter of downed animals—docket number 98P-0151/CP1. It is critical that you include the docket number in your comment.

### Contact:

U.S. Food and Drug Administration  
Dockets Management Branch  
5600 Fishers Lane, Room 1061  
Rockville, MD 20785  
Fax: 301-827-6870  
Email: [FDADockets@oc.fda.gov](mailto:FDADockets@oc.fda.gov)

### Some points to make include:

- Animals who are too sick or injured even to stand should not be allowed to enter the human food chain.
- In addition to posing an increased risk for bacterial contamination, there is evidence that some downed animals may be afflicted with a form of BSE (Bovine Spongiform Encephalopathy or "Mad Cow Disease"), a disease which has been linked to a fatal human illness (CJD or Creutzfeldt-Jakob Disease).
- It is practically impossible to move downed animals humanely, and they are typically pushed with tractors or dragged with chains—inhumane processes which cause injuries ranging from bruises and abrasions, to broken bones and torn ligaments.
- Downed animals comprise a very small percentage of animals slaughtered, and prohibiting their marketing will cause no undue economic hardship.
- Industry experts have estimated that 90% of downed animals can be prevented with better care and handling. Removing the market for downed animals will provide an incentive for the industry to prevent downed animals in the first place.







## THE WELFARE OF CALVES IN VEAL PRODUCTION: A Summary of the Scientific Evidence

### INTRODUCTION

Veal is a light-colored meat which comes from young calves who are raised on a restricted diet and whose movements are severely limited. The calves are fed an all-liquid milk substitute which is deficient in iron and fiber. It is designed to cause anemia which produces the pale-colored flesh sold as "white" veal. In addition, veal calves are confined in crates which are just two feet wide, and they are unable to walk or exercise throughout their entire lives (Reece & Hotchkiss, 1987). This confinement prevents muscle development to keep the meat tender, and it hastens weight gain since the calves do not expend calories exercising. No straw or other bedding is provided due to the fear that the calves may eat the straw, which would make their flesh darker in color (Stevenson, 1999).

About 750,000 calves are raised for veal every year in the United States (American Veal Association, 2000). Most veal calves are unwanted males from dairy farms, who are typically slaughtered before 5 months of age (Le Neindre, 1993). Unlike calves raised by the beef industry, who usually nurse from their mothers for about 6 months, calves raised for veal are removed from mothers immediately after birth. They commonly experience the stress of minimal colostrum (first milk) intake (Reece & Hotchkiss, 1987) as well as isolation from the dam and other calves. Veal crates are "an extreme example of maximum close individual confinement with significant curtailment of a variety of natural behaviors" (Friend & Dellmeier, 1988).

Methods used to produce veal have been widely criticized as inhumane, and veal consumption in the United States has dropped significantly in recent decades. A June 2000 poll of 1264 adults across the United States conducted by Zogby International for Farm Sanctuary found that nearly 60% of the respondents never ate veal while another 30% only ate veal a few times a year. In Europe, the use of veal crates and the anemic diet have been banned for humane reasons, and the European Commission's Scientific Veterinary Committee has recommended that calves be kept in groups, have sufficient room to lie down comfortably, and be given a properly balanced diet (Europa, 1996).

Scientific evidence suggests that the restricted diet and the intensive confinement used to produce "white" veal impairs both the physical and psychological well-being of calves.

### PHYSICAL DISORDERS

Calves, like other animals, need wholesome food and exercise to achieve optimal health. When calves raised for veal are denied these basic needs, they suffer from various physical maladies including: abnormal gut development, stomach ulceration, physical discomfort, impaired locomotion, and a greater susceptibility to disease.

#### Abnormal Gut Development

The veal calves' all-liquid diet which is deficient in iron and fiber is a major cause of poor welfare in itself. The European Union's Scientific Veterinary Committee's 1995 report *Welfare of Calves* cited much scientific literature and concluded that a diet deficient in roughage and iron can lead to serious maladies for the calves and cause abnormal gut development (Stevenson, 1999). In fact, it stated that calves fed a milk diet with no solid feed would die before adulthood (Stevenson, 1999). According to Wiepkema et al. (1987), the absence of roughage in the diet of the milk-fed calf "hinders the development of rumination [digestion] and associated processes."

#### Stomach Ulceration

The restricted diet may also cause stomach ulceration in calves. Welchman and Baust (1987) found that ulceration of the abomasum (a stomach-like organ) is common in veal calves slaughtered at three to five months of age. They suggest that lesions found in two-thirds of the calves were primarily associated with the consumption of milk replacer. It has also been hypothesized that stress can contribute to the development of stomach ulcers as discussed below.

#### Physical Discomfort

The limitation of space that a crate poses is a major welfare problem (Le Neindre, 1993). The standard size of veal crates is not sufficient for the calves to lie down normally, and they are forced to assume abnormal and uncomfortable positions. In a 1991 study by Le Neindre et al., calves in small pens spent more time with four legs bent and less time lying with all four legs stretched than those in large

pens (Le Neindre, 1993). In de Wilt's 1985 study, calves in crates spent less time lying on their sides or on their sternums with hind legs stretched than group-housed calves and spent more time on their sternums with fore legs stretched (Le Neindre, 1993). Webster et al. (1985) found that above the age of about 10 weeks, crated calves were unable to adopt a comfortable sleeping posture.

Most crate systems have slatted floors (Le Neindre, 1993) to allow urine and feces to fall through. Webster et al. (1985) found that during the first few weeks of life, calves in commercial crates with unbedded wooden slats (with a gap width of 2 to 3 cm) experience discomfort, spending less time lying down than calves in other systems and spent nearly twice as much time standing idle. These calves frequently seemed to be standing insecurely, indicating that the uncomfortable flooring may have made them reluctant to move (Webster et al., 1985).



### **Impaired Locomotion**

Crate-housed calves are more likely to have impaired locomotor ability than calves raised outside in groups (Dellmeier et al., 1985). In an open field, animals who had been confined in crates were observed stumbling and falling while animals who had not been confined experienced no walking problems (Dellmeier et al., 1985). According to a 1991 study by Trunkfield et al., calves housed in crates had more problems in walking and boarding the ramp during transport to slaughter than did those previously housed in groups (Le Neindre, 1993). In their 1991 study, Le Neindre et al. found that crated calves took longer to complete a race in an open field than group-housed calves (Le Neindre, 1993).

### **Increased Susceptibility to Disease**

Calves isolated in crates have more medical problems than calves housed in other systems. Warnick et al. (1977) found that isolated calves required three times as many medical treatments as individually-reared calves who could socialize with others. Thus, being isolated from others is a stressor that causes medical problems. In 1984, a USDA-funded study found "stall and pen calves required approximately five times the amount of medication as the hutch and yard calves" (Vealer, April, 1984).

influenced the occurrence of locomotor play (Jensen et al., 1998), with calves housed in small pens performing less locomotor play than calves housed in large pens (Jensen et al., 1998). Calves in the small individual pens could not gallop and rarely performed behaviors involving elevation of the hind legs (Jensen et al., 1998).

### **Food Refusals**

Restriction of movement may make calves depressed and stressed, losing interest in eating. In a study comparing calves housed in stalls that restricted their movement to those with freedom of movement in pens (all were fed the same diet), Reece and Hotchkiss (1987) found that food refusals were common among those with restricted movement and uncommon among those with freedom of movement. Nearly 30% of calves with restricted movement were found to have eaten erratically, were relatively light in weight, and weak (Reece & Hotchkiss, 1987). Warnick et al.

(1977) found that group-housed calves started eating solid feed at an earlier age than calves raised individually or isolated. Isolated calves had the slowest weight gain when compared to group or individually reared animals (group-housed animals had the fastest gains) (Warnick et al., 1977). In a study by Fisher et al. (1985), calves confined to 0.66 meter-wide pens with slatted floors had slower weight gains than those housed in 1.36 meter-wide pens with solid floors and straw.

### **Stress, Boredom, Social Isolation, and Abnormal Coping Behaviors**

Physiological measurements such as blood cell counts and hormone concentrations can signal stress in animals, which has various physical and psychological effects

### **PSYCHOLOGICAL DISORDERS**

Cattle are gregarious herd animals whose primary food in nature is obtained by grazing. Confining calves in crates and preventing them from consuming a natural diet results in significant psychological and developmental disorders including: frustration, food refusals, stress, boredom, social isolation, and abnormal coping behaviors.

#### **Frustration**

Confinement decreases the calf's ability to make behavioral responses to the environment (Friend et al., 1985). Jensen et al. (1998) showed that sufficient space is essential for the expression of play behavior, an indicator of good welfare, in calves. In their study, space availability

(continued on page 14)



# SHOP AT FARM SANCTUARY

## BOOKS

**Kinship With the Animals** Collection of 33 beautiful stories which offer a new and insightful vision of animals as conscious beings with whom we share a kinship. Coedited by Michael Tobias.  
Item #G34 ..... \$15.95

**Milk: The Deadly Poison** This exhaustively researched book investigates to what end billions of dairy industry dollars are used to mislead us about the dangers of consuming dairy products. Hardcover.  
Item #G36 ..... \$24.95

**The Vegan Sourcebook** This book by vegan expert Joanne Stepaniak will tell you everything you need to know about vegan ethics and lifestyle choices, as well as household and personal care products.  
Item #G33 ..... \$21.95

**Vegan: The New Ethics of Eating** A definitive book containing all the latest arguments for veganism, from "Mad Cow Disease" to the animals of Farm Sanctuary.  
Item #G20 ..... \$14.95

**The Uncheese Cookbook** Incredible dairy-free cheese recipes.  
Item #G15 ..... \$11.95

**Vegan Vittles** Our own cookbook with great recipes, critter stories, and more!  
Item #G14 ..... \$11.95

**Battered Birds, Crated Herds** Fully illustrated, concise information resource on "food animal" production.  
Item #G16 ..... \$4.95

**Beyond the Law** Compelling information resource on the legal status of "food animals."  
Item #G40 ..... \$2.50

**Dead Meat** Critically acclaimed book by renowned artist and journalist Sue Coe documenting her visits to stockyards and slaughterhouses.  
Item #G17 ..... \$21.95

## ON THE ROAD

**Bumperstickers** Spread the word!  
See item numbers below ..... each \$1.00

Item #G10A



Item #G10B



Item #G10C



Item #G10D

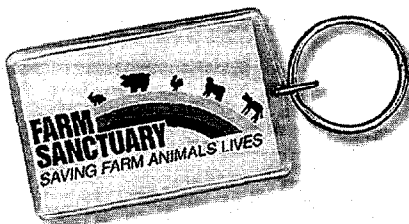


Item #G10E



**Travel Mug** Imprinted with "If You Love Animals Called Pets... Why Do You Eat Animals Called Dinner?" design (see opposite page). Made from heavy-duty plastic, gray and turquoise color.  
Item #G29 ..... \$5.00

**Farm Sanctuary Logo Key Chain**  
Item #G32 ..... \$4.00



## VIDEOS

**Humane Slaughter?** Documentary on poultry slaughter. VHS format, 9 minutes.  
Item #G11 ..... \$10.00

**The Down Side of Livestock Marketing** Documentary on downed animal cruelties. VHS format, 18 minutes.  
Item #G12 ..... \$10.00

**The Making of a Turkey** Documentary on turkey production. VHS format, 16 minutes.  
Item #G13 ..... \$10.00

**Egg-ribusiness** Documentary on egg production. VHS format, 14 minutes.  
Item #G39 ..... \$10.00





## T-SHIRTS & MORE

**Farm Sanctuary Logo Shirts** ...By popular demand! Navy blue shirt with white logo insignia. T-shirts 100% preshrunk cotton / sweats 50-50. Both shirts available in adult sizes: M, L, XL

T-shirt Item #G37 ..... \$11.00  
Sweatshirt Item #G41 ..... \$18.00

**Sanctuary Critters** Have our farm animal friends next to your heart by wearing the Farm Sanctuary critter t-shirt! Adorable multi-colored cow, pig, sheep, and chicken critters on 100% white cotton t-shirt.

Adult sizes: M, L, XL

Item #G30 ..... \$15.00

Youth sizes: 6-8, 10-12, 14-16

Item #G31 ..... \$13.00

**"Please Don't Eat the Animals"** Our popular Berkeley Breathed t-shirt! White shirt with multicolored Opus cartoon. 100% preshrunk cotton, available in adult sizes: M, L, XL

Item #G3 ..... \$12.00

**"If You Love Animals Called Pets...Why Do You Eat Animals Called Dinner?"**

**Shirts** Natural color shirt with green and black design. Available in adult sizes: XL, L, M

T-shirt Item #G6 ..... \$11.00

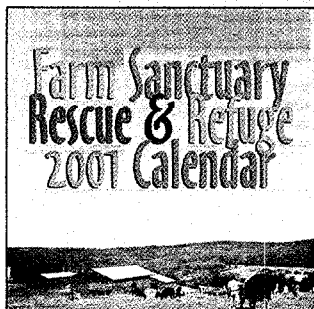
Sweatshirt Item #G7 ..... \$18.00

**Tote Bag** Heavy-duty, large (12" x 16"), available in natural or navy color.

Natural Item #G8 ..... \$8.00

Navy Item #G38 ..... \$8.00

## HOLIDAY GIFT SPECIALS



### Farm Sanctuary Rescue & Refuge 2001 Calendar

Our beautiful, full-color calendar features 12 heartwarming photos and

stories about the Farm Sanctuary critters. Give one to friends and family to help put a face on vegetarianism! **Limited time offer.**

Item #G42 ..... \$2.95

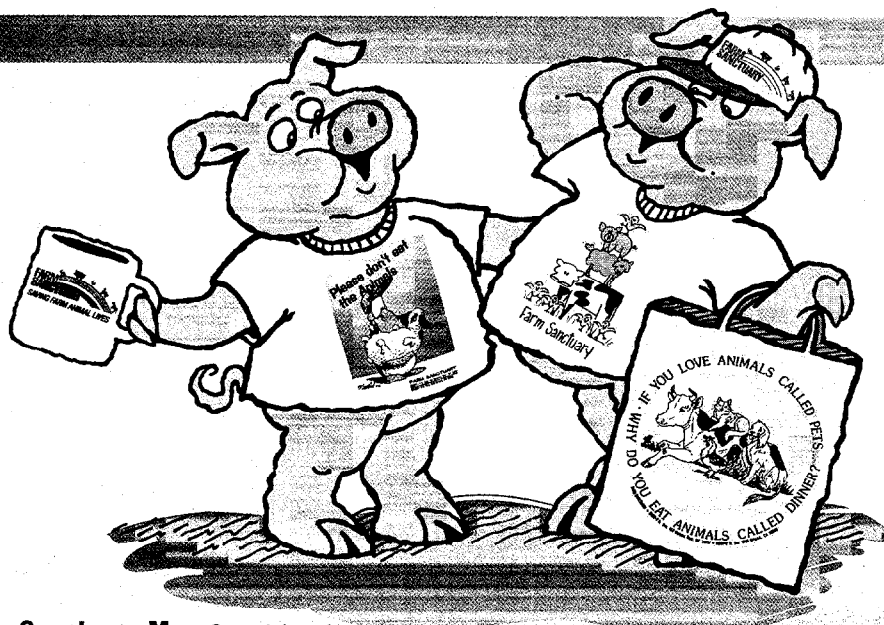


### Sanctuary Holiday Cards

Adorable color photograph of sanctuary pig on front and "Merry Oinks" message inside.

Box of 20 cards and envelopes.

Item #G43 ..... \$7.00



### Farm Sanctuary Mug

Our rainbow logo on white ceramic mug.

Item #G1 ..... \$6.00

Also available in navy mug with white logo.

Item #G2 ..... \$6.00

**Farm Sanctuary Cap** Natural color with kelly green logo and visor, velcro adjustable strap— one size fits all.

Item #G28 ..... \$16.00

**MERCHANDISE ORDERS:** Mail to Farm Sanctuary, P.O. Box 150 Watkins Glen, NY 14891

ITEM NO.	ITEM DESCRIPTION	QTY.	SIZE	ITEM COST	TOTAL COST

Card No:

Exp. Date:

☐ MasterCard ☐ VISA

Cardholder Signature

Name

Address

(Street only please — no P.O. Box deliveries)

City

State

Zip

Phone: Day

Evening

Please allow 4-6 weeks for delivery. Thank you.

TOTAL MERCHANDISE

SHIPPING COST

ADDITIONAL DONATION

TOTAL ENCLOSED

### SHIPPING INFORMATION

PURCHASE AMT.	S & H
up to \$9.99	\$3.00
\$10.00 to 19.99	\$4.00
\$20.00 to 29.99	\$5.00
\$30.00 to 39.99	\$6.00
\$40.00 to 49.99	\$7.00
\$50.00 or more	\$8.00

## Top New York City Restaurants Stop Serving "White" Veal

Over twenty of New York's finest restaurants have agreed not to serve "white" veal after Farm Sanctuary approached the establishments and asked them to sign a pledge stating they will not serve veal from calves who are raised in crates and fed a diet which causes anemia. Among the restaurants that are participating in our **No Veal** pledge campaign are: Asia de Cuba, Babbo Ristorante, Beacon Restaurant, Blue Hill Restaurant, Chanterelle, Esca, The Four Seasons, The Grocery, Il Mulino, La Grenouille, Lupa, Park Avenue Cafe, Picholine, Po, Russian Tea Room, Savoy, Tavern on the Green, and Verbena.

Farm Sanctuary's **No Veal** campaign in New York City is prompting conscientious consumers and restaurants to take a stand against cruel factory-farming practices. Restaurants that sign the pledge are receiving acclaim in the media, and admiration from restaurant patrons. Restaurants that do not agree to remove "white" veal from their menus are the sites for our continuing consumer public awareness demonstrations.

### What YOU Can DO

Volunteers are needed to help with **No Veal** informational leaflettings at New York City restaurants that have not signed our pledge.

To sign up, please contact our New York City outreach coordinator by calling 212-567-4556 or sending an email to NYC@farmsanctuary.org

Organize a **No Veal** campaign in your city! Start by contacting restaurants in your area (ask to speak to the owner). Educate the restaurant about the production of "white" veal and request that they sign Farm Sanctuary's pledge. If the restaurant refuses, hold informational leafletting events at the restaurant during peak restaurant hours. You can order campaign literature and materials from our national office by calling

607-583-2225 extension 222, or through our web site at [www.farmsanctuary.org](http://www.farmsanctuary.org)

#### **No Veal** Campaign Packet

5 posters (at right)

500 flyers (above)

\$10.00 includes shipping & handling – send check or money order to: Farm Sanctuary, P.O. Box 150, Watkins Glen, NY 14891 (please specify for **No Veal** Campaign Packet)

Write to your congressional representatives and urge them to support federal legislation to ban the cruel veal crate.

(continued from page 11)

on the individual. A 1985 behavioral study by Dellmeier et al. of calves housed under different levels of confinement, in conjunction with a companion physiological study, suggests that thwarted motivation to perform certain behaviors prevented by the crate may be accompanied by physiological indications of chronic stress. Fisher et al. (1985) found that calves housed in small pens with slatted floors had higher eosinophil counts (a blood cell measure that has been viewed to signal stress) than those in large pens with solid floors and straw. Dellmeier et al. (1985) found that among calves housed in crates, pens, hutches, and yards, calves in crates had the greatest stress hormone concentrations. These elevated hormone levels were reduced after moving the crated calves into hutches, a less space-restrictive environment (Dellmeier et al., 1985). Cummins and Brunner (1991) found that calves in indoor metal pens had about double the concentration of the stress hormone cortisol in the blood plasma than those in outdoor hutches. Crated animals have also been shown to have the greatest increase in adrenal response of calves raised in various systems, which indicates stress and may have occurred in response to motor and sensory deprivation (Friend et al., 1985).

### CONCLUSION

The welfare of calves raised for white veal is severely impaired. The all-liquid diet has been shown to cause medical problems,

and the nature of the crate environment impairs both the calves' physical and psychological well-being. The calves' inadequate diet prevents healthful growth and development, and confinement in the crate makes it impossible for calves to exercise or to engage in normal behaviors. Observational and physiological data show that calves raised for white veal experience severe digestive maladies, physical discomfort, and poor health, in addition to chronic frustration, stress, boredom, and social isolation.

## NO VEAL

In order to produce veal, young calves are taken from their mothers and chained by the neck in crates measuring just two feet wide. They cannot turn around, stretch their limbs, or even lie down comfortably. This severe confinement makes the calves' meat "tender" since the animals' muscles cannot develop.



Scientific research indicates that calves confined in crates experience "chronic stress" and require approximately five times more medication than calves living in more spacious conditions. It is not surprising then, that veal is among the most likely meat to contain illegal drug residues which pose a threat to human consumers.

Researchers have also reported that veal calves exhibit abnormal coping behaviors associated with frustration. These include head tossing, head shaking, kicking, scratching, and stereotypical chewing behavior.

Confined calves also experience leg and joint disorders and an impaired ability to walk.

In addition to restricting the animals' movement, veal producers severely limit what their animals can eat. Veal calves are fed an all-liquid milk substitute which is purposely deficient in iron and fiber. It is intended to produce borderline anemia and the pale-colored flesh fancied by "gourmets." At approximately sixteen weeks of age, these weak animals are slaughtered and marketed as "white" veal (also known as "fancy," "milk-fed," "special-fed," and "formula-fed" veal).

**Please don't buy veal!**  
Inform others about the cruelty of veal production.

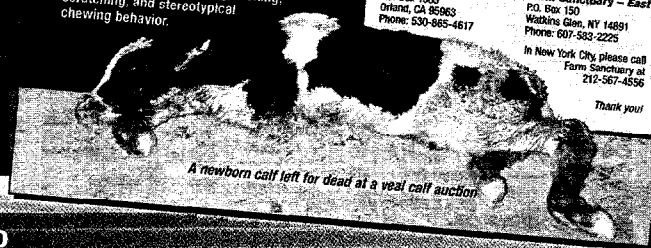
For more information or to get involved, please visit our web site at [www.farmsanctuary.org](http://www.farmsanctuary.org) or contact:

**Farm Sanctuary - West**  
P.O. Box 1005  
Orland, CA 95963  
Phone: 530-865-4617

**Farm Sanctuary - East**  
P.O. Box 150  
Watkins Glen, NY 14891  
Phone: 607-583-2225

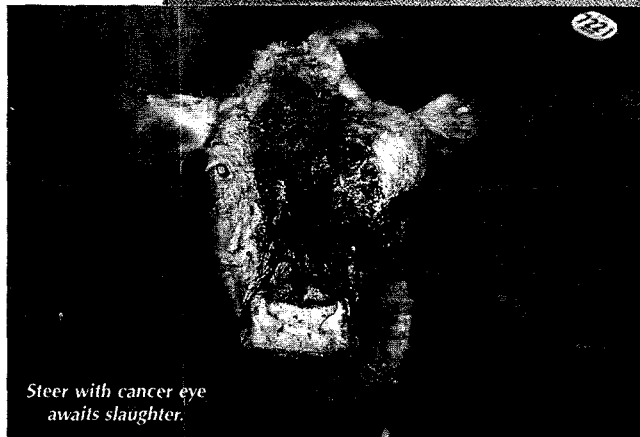
In New York City, please call Farm Sanctuary at 212-567-4556

Thank you!



**MEAT "STANDARDS" LOWERED**

A report issued last summer by the USDA's inspector general concluded that FSIS (the USDA sub-agency responsible for overseeing 6,000 slaughter plants nationally and monitoring state programs which inspect another 3,000 plants), "has reduced its oversight short of what is prudent and necessary for the protection of the consumer." According to *Feedstuffs*, the report cited "deficiencies in the agency's enforcement of standards compliance, laboratory analysis of product samples, approval of foreign meat inspection programs exporting to the U.S., and perhaps most prominently, implementation of the recently reformed plant-level standards, called the Hazard Analysis and Critical Control Point (HACCP) system."



Steer with cancer eye awaits slaughter.

**CANCER MEAT**

The U.S. Department of Agriculture has approved the use of meat from animals with cancer.

The *Scripps Howard News Service* reported: "The federal agency overseeing food inspection is reclassifying animal carcasses with cancers, tumors and open sores as safe for human consumption." Among animal diseases the USDA claims do not present a health problem to consumers are: cancer; glandular swellings or lymphomas; sores; infectious arthritis; diseases caused by intestinal worms; and airsacculitis (a poultry pneumonia). Describing one meat inspector's response, the news report stated, "he's so revolted by the lowering of food wholesomeness standards that he doesn't buy meat at the supermarket anymore because he doesn't trust it is safe to eat. [H]e's trying to get his wife to stop eating meat."

"After hearing the news about 'cancer meat,'" Farm Sanctuary member Judy wrote: "I met with my congresswoman about animal issues, and she said that the new USDA rulings allowing the sale of cancerous meat is so disgusting it could make her a vegetarian."

**COW MARATHON**

An article from *Dairy Herd Management* advises dairy farmers: "You probably don't use the term 'athletic' when describing your cows, but perhaps you should. The tremendous amount of metabolic work done by dairy cows rivals that of the toughest, strongest athletes. For example, a cow producing 110 pounds of 3.5 percent butterfat milk per day is secreting 34.5 megacalories of energy in her milk daily. Including maintenance, this requires her to generate 44.2 megacalories of energy for lactation per day. In relation to the amount of energy humans use, this equates roughly to a person running 1½ marathons per day. And, the cow does it every day, day after day!" Dairy cows are pushed so hard that they typically only last a few years in production before being sent to slaughter. The dairy industry is the primary source of downed animals.

**INVESTIGATING "FOOD ANIMAL" DISEASES**

Raising concerns about the U.S. government's lack of commitment and inability to properly investigate animal diseases, a contributing editor to *Dairy Today* writes: "So why are the researchers at the USDA Animal Health Facilities in Ames, Iowa, currently doing diagnostic work on transmissible spongiform encephalopathies (e.g. Mad Cow Disease), anthrax, E. coli, and salmonella in a leased, 1970's-era strip mall? In a word: money—or lack thereof. USDA is asking Congress for \$379 million to build a new facility outside of Ames to house the National Animal Disease Center (NADC), the National Veterinary Services Laboratory (NVSL), and the Center for Veterinary Biologics (CVB)."

**CRUEL "TEACHER"**

A stockyard owner who went into the livestock marketing business after being a teacher was asked if he missed teaching. He was quoted in the local newspaper, *Journal Star* of Peoria, IL, "Do I miss teaching? You couldn't do anything about those little rabble-rousers. Now, with the product I deal with, I can cuss it, beat it, kill it, and eat it.... No, I don't miss teaching." We bet the kids don't miss him either.

**VACCINE-ON-THE-COB**

While antibiotics have been added to animal feed for years, an industry article entitled "Corn Pharm: New hog vaccine-on-the-cob turns feed into pharmaceuticals" describes another industry strategy for combating animal diseases. Specifically, the article discusses how transgenic corn is being developed to "immunize pigs while they eat." Trials are currently underway to examine the profitability and efficiency of this transgenic corn.

**CHICKEN-CATCHING MACHINE**

The *Associated Press* reports: "Perdue Farms, Inc., the nation's No. 3 poultry producer, has bought its first automated chicken catcher and hopes a few more will eventually replace its 150 or so human chicken catchers.... The chicken-catching machine is a John Deere riding mower with chutes and conveyor belts on both sides. On the front of the mower is a rolling barrel with foot-long, wiggly rubber fingers. As the machine is driven through the chicken house, the rubber fingers catch the chickens, guide them into the chutes and onto the conveyor belts. The chickens are placed in stackable drawer-front boxes, which a forklift drops onto the back of a truck."

**MEAT INSPECTORS SHOT**

A sausage factory owner in California has been charged with murder after three government inspectors were shot and killed at his Oakland area packing plant in June. A fourth government inspector escaped, running away while the packing plant owner gave chase, firing shots. The sausage factory had previously been cited for violating health regulations.

**PA TURNPIKE CATTLE RESCUE**

One hundred and twenty cattle purchased at a Pennsylvania livestock auction were en route to a feedlot in Kansas when the driver lost control of the vehicle and it overturned on the PA turnpike. The upper deck of the transport trailer collapsed on top of the cattle below and many animals died upon impact. Several of the cattle were so badly injured that they had to be euthanized at the site. The remaining 23 survivors were taken to the OOH-MAH-NEE Sanctuary in Pennsylvania, where the animals received emergency care and treatments. A few of the cattle have sustained some permanent nerve damage as a result of being pinned under dead cattle, but they are all ambulatory and fully recovered from their ordeal. The OOH-MAH-NEE Sanctuary is now looking for safe, permanent homes for the cattle, as they currently do not have enough housing space for all of the rescued cattle. Your help is urgently needed—if you or someone you know can provide a safe, permanent home for two or more of these special animals, please contact:

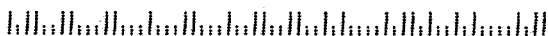
OOH-MAH-NEE Sanctuary  
phone: 724-925-9474  
email: OOHMAHNEEFarm@aol.com



CHANGE SERVICE REQUESTED

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*Farm Sanctuary is hosting  
a holiday celebration at  
our California shelter.  
Please join us for a  
special gathering  
of friends, food  
and fun!*

## Celebration for the Turkeys!

Saturday, November 18 – 12 noon  
California Shelter – Orland, CA

*This Thanksgiving, don't eat a turkey—come to  
Farm Sanctuary's Thanksgiving Party and feed a turkey!*



### Festivities include:

- Delicious vegan holiday dinner
- Special guest presentation
- Shelter tours & hayrides
- Meet & feed our turkey friends

**Reservations are required** by mail, or you may reserve your tickets with your VISA or MasterCard by calling our California shelter at 530-865-4617 or our national office at 607-583-2225 ext. 221. The cost is \$20 per person—registration deadline is November 12th. We regret that we may not be able to accommodate reservations received after the deadline and cancellations are non-refundable. Ticket confirmation will be mailed to all confirmed registrants. Thank you.

### REGISTRATION FORM

Please reserve ☐ celebration tickets. Enclosed is ☐ (@ \$20 per person).

Please use my enclosed contribution of ☐ to buy treats for the shelter turkeys.

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

Please mail registration form to: Farm Sanctuary, P.O. Box 1065, Orland, CA 95963

Mrs. G. Brady  
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